



2010 Meet Sign-Up Forms Parent Copy

Please complete the attached Meet Sign-Up forms and return them to the Head Coach by the date specified on each page. This page is your record of what you have committed to the coaches. Parents will be assigned a job for each of the **home** meets their swimmer participates in.

If a swimmer commits to a meet but cannot attend, the Head Coach must be informed in writing of the change at least 24 hours prior to the meet. REMINDER: Bus transportation is not provided to and from meets. A roster will be provided to each family to arrange carpooling before our first away meet.

DATE/DAY	SWIM EVENT	TIME SWIMMERS REPORT TO POOL	WILL ATTEND (YES, NO)
1. June 5/Saturday	First Practice	TBA	
2. June 12/Thursday	Inter-Squad Practice Meet	TBA	
3. June 15/Tuesday	Antioch-vs-McHenry***	4:15 p.m.	
4. June 22/Tuesday	Antioch @ Huntley***	TBA	
5. June 29/Tuesday	Antioch-vs-Plum Grove***	4:15 p.m.	
6. July 6/Tuesday	Antioch @ Crystal Lake***	TBA	
7. July 8/Thursday	Antioch-vs-Elgin***	4:15 p.m.	
8. July 13/Tuesday	Antioch @McGuire Aquatics***	TBA	
9. July 15/Thursday	League imposed mandatory rain date	TBA	
10. July 17/Saturday	"B" Division Championship @ McGuire Aquatics - All Day Meet	TBA	
11. July 20/Tuesday	End of Season Picnic & Splash Party @ Williams Park & Antioch Pool	4:30 p.m.	

**** Indicates an NCISC dual meet. A swimmer MUST swim in at least three of the six conference dual meets to participate in the Division Championship on July 17.*

Please note: Antioch has a tentative Thursday rain date after each Tuesday home meet.



2010 Meet Sign-Up Form

#1 of 3

Please return this completed form at the Parent's Informational Meeting on June 6, 2010 at the Senior Center at 7:00 p.m. Parents will be assigned a job for all **home** meets their swimmer participates in.

Your input on this form will be used by the Head Coach to plan swim meet lineups. If a swimmer commits to a meet but cannot attend, the Head Coach must be informed in writing of the change at least 24 hours prior to the meet. **REMINDER:** Bus transportation is not provided to and from meets. A roster will be provided to each family to arrange carpooling before our first away meet.

Swimmer Name: _____

DATE/DAY	SWIM EVENT	TIME SWIMMERS REPORT TO POOL	WILL ATTEND (YES, NO)
1. June 5/Saturday	Practice Meet	TBA	
2. June 12/Thursday	Inter-Squad Practice Meet	TBA	
3. June 15/Tuesday	Antioch-vs-McHenry***	4:15	



2010 Meet Sign-Up Form

#2 of 3

Please return this completed meet sign-up form to the Head Coach during practices the week of Monday, June 7, 2010. Parents will be assigned a job for all **home** meets their swimmer participates in.

Your input on this form will be used by the Head Coach to plan swim meet lineups. If a swimmer commits to a meet but cannot attend, the Head Coach must be informed in writing of the change at least 24 hours prior to the meet. REMINDER: Bus transportation is not provided to and from meets. A roster has been provided to each family to arrange carpooling.

Swimmer Name: _____

DATE/DAY	SWIM EVENT	TIME SWIMMERS REPORT TO POOL	WILL ATTEND (YES, NO)
4. June 22/Tuesday	Antioch @ Huntley***	TBA	
5. June 29/Tuesday	Antioch-vs-Plum Grove***	4:15 p.m.	
6. July 6/Tuesday	Antioch @ Crystal Lake***	TBA	
7. July 8/Thursday	Antioch-vs-Elgin***	4:15 p.m.	
8. July 13/Tuesday	Antioch@McGuire Aquatics***	TBA	
9. July 16/Thursday	League Imposed Mandatory Rain Date	TBA	



2009 Meet Sign-Up Form

#3 of 3

Please return this final completed meet sign-up form during practices the week of Monday, June 7, 2010.

All swimmers are expected to sign up for the championship meet. This is an important meet which our swimmers have worked hard to prepare for during the season. Individual awards will be given to the top 18 finishers (1-6 with medals; 7-12 with overlay ribbons, 13-18 with ribbons) in each event. Relay awards will be given to the top 6 finishers (1-6 medals). Team trophies will be awarded for the top 3 places in combined team scoring. This meet determines Antioch's final placement in our conference. Antioch began this season in 13th place out of the 15 conference teams. It is very important that all swimmers attend this conference meet. Parents may be assigned a timer job at the July 17 championship meet since Antioch has to cover one lane all day.

There are entry fees required for the conference meet which AWST pays for. If a swimmer is signed up for the July 17 meet and DOES NOT SHOW UP, the parents are responsible for paying these fees back before the swimmer will be allowed to receive their participation award at the picnic.

Swimmer Name: _____

DATE/DAY	SWIM EVENT	TIME SWIMMERS REPORT TO POOL	WILL ATTEND (YES, NO)
10. July 17/Saturday	"B" Division Championship @ McGuire Aquatics - All Day Meet	TBA	
11. July 21/Tuesday	Antioch Waves Team Picnic @ Williams Park	4:30 p.m.	